

ZAD KRAK

(Bulgaria)

This dance (zahd krahk), a member of the Pravo family of dances, comes from the Radomir area in the Shope region of Western Bulgaria. It was learned by Ron Wixman from Dennis Boxell and was presented at the 1976 University of the Pacific Folk Dance Camp by Mr. Wixman.

MUSIC: Vitosha LP 001. 6/8 meter. For teaching and counting purposes it would be easiest to say cts 1-2-3 = ct 1; cts 4-5-6 = ct 2. Only during meas 3 of the fast music do you need to know where the quick closing of R ft to L occurs, but the way it is written is perfectly correct.

FORMATION: Open circle, "V" pos.

STYLE: When stepping, lift free ft up in back to maintain the Shope style.

MUSIC 6/8

PATTERN

Measures

- 1 Facing ctr, step on R ft to R (cts 1, 2, 3); step on L ft behind R ft (cts 4, 5, 6).
- 2 Step on R ft to R (cts 1-6).
- 3 Step on L ft fwd, twd ctr (cts 1-6).

Note: when tempo increases, meas 3 becomes: Step on L ft fwd (cts 1, 2); close R ft to L (ct 3); step on L ft fwd (cts 4, 5, 6).